TYROL’S WINTER PLEASURES X3 SERFAUS. FISS. LADIS.
**Signposts**

- Ladis Wonnealm: Tel. +43/664/1244 768
- Schöngampalm: Tel. +43/5476/6396-951
- Suppenkasper: Tel. +43/5476/6203-605
- Cervosa Alm: Tel. +43/5476/6350 or 6211

**General**

The winter season provides a wide variety of activities, including cross-country skiing, hiking, and mountain biking. The routes are generally prepared and monitored. The ski schools provide lessons for beginners and advanced skiers. The mountain restaurants offer a variety of dishes, including vegetarian options.

**Ski Areas**

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**Lodges**

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**Prices for Cable Cars for Cross-Country Skiers and Walkers**

<table>
<thead>
<tr>
<th>Price Category</th>
<th>1 Day</th>
<th>3 Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard</td>
<td>35.00</td>
<td>95.00</td>
</tr>
<tr>
<td>Child</td>
<td>16.00</td>
<td>44.00</td>
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<tr>
<td>Family</td>
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**Cross-Country Skiing**

- The SFL app offers the largest selection of trails, guided tours, and information, as well as a 3D virtual reality experience. Use the app to find trails, view maps, and check trail conditions.

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