## **CABLE CARS**

#### Open daily from 17 June to 22 October 2023:

from 7.45am to 5.15pm, 8 July to 19 August: 7.45am to 6.15pm

#### from 8.15am to 5.15pm, 8 July to 19 August: 8.15am to 6pm

#### from 8.30am to 5pm

Waldbahn + bike park: Waldbahn from 8.30am to 5pm, Bikepark from 9am to 5pm

from 8.30am to 4.30pm

Möseralmbahn + Sonnenbahn Ladis-Fiss: from 8.30am to 5pm

#### Open daily from 17 June to 9 October 2023:

#### from 8.30am to 4.30pm



**Bikepark Serfaus-Fiss-Ladis** 

Tel. +43/5476/53077-20

www.bikepark-sfl.at

Intersport Pregenze

Tel. +43/5476/20086

Sport Schmid

Seilbahnstraße 36

Tel. +43/5476/2012:

www.intersport-pregenzer.com

Fisser Straße 50

#### **BIKE SHOPS / RENTAL**

Tel. +43/5476/53076

www.bachersport.con Intersport Kirschne Tel. +43/5476/60300

www.intersport-kirschner.a Scott Bike Testcente Dorfbahnstraße 32

Tel. +43/5476/6202-420 www.scott-testcenter.com Sport Point by Hammerle



#### Prices with Super. Summer. Card. All guests, staying at one of the designated partner accommodations, receive the Super. Summer. Card. in the accommodation at check-in for the duration of their stay.

## **ALL MOUNTAIN BIKE TICKET**

	Ac	Adult age group 2004-2			007 age group 2008-20		
Ascent with bike	26.50	12.00	21.00	9.50	13.50	6.0	
½ day (from 11.30am)	42.00	36.50	33.00	27.50	21.00	18.	
1 day	49.00	43.50	39.00	33.50	25.00	22.	
2 days	93.00	82.00	74.00	63.00	47.00	41.	
3 out of 7 days (name)	128.00	111.50	101.00	84.50	64.00	55.	
4 out of 7 days (name)	161.00	139.00	126.00	104.00	81.00	70.	
5 out of 7 days (name)	191.00	163.50	151.00	123.50	96.00	82.	
6 out of 7 days (name)	220.00	187.00	175.00	142.00	110.00	93.	
Season pass (name+photo)	365.00	310.00	290.00	235.00	185.00	157.0	
			•				

port on the following cable cars: Sonnenbahn Ladis-Fiss, Schönjochbahn I & II. Almbahn, Alpkopfbahn, Lazidbahn, Sunliner and Waldbahn. No bike transport possible on the Möseralmbahn. Usage of the parcours at the Waldbahn bottom station is free of charge.

### **TICKET BIKE TRANSPORT**

Bike transport (per ascent)

	Youth	Kids
Adult	age group	age group
	2004-2007	2008-2016
iddition to the cable car ticket, there is a charge	e for bike transpo	ort on one of t
le cars. No charge for bike transport down to t	he valley.	

12.00 9.50 6.00 When using both sections directly one after the other (Fiss-Schönjoch, Serfaus-Lazid, Alpkopfbahn), the fee will be charged only once.

Sonnenbahn Ladis-Fiss 6.00 4.50 3.50 The bike transport ticket of the Schönjochbahn includes transportation of bikes

Only with Super. Summer.	Card.		
5x bike transports	55.00	44.00	28.0
10x bike transports	100.00	80.00	50.0

#### General information

All prices in Euros and incl. VAT - prices subject to change! ntry with KeyCard is contactless. Kids are only allowed to use the ingle trails when accompanied by an adult (over 18) who is obliged to rvise the child and also check his/her equipment.



#### Numerous courses for kids from 3 years and every skill level!

The Serfaus-Fiss-Ladis Bike School introduces you to the joy of biking

Everyone gets to discover their passion for biking – from beginners to







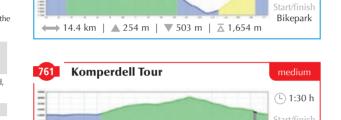
#### **PRICES BIKE TICKETS MOUNTAIN BIKE TOURS**







105 Wode tower Neuegg Family Tour



(L) 1:30 h

**LEGEND** 

X Restaurant

Bike shop/renta

Starting point MTB tour Bike wash station

MTB TOURS LEVELS OF DIFFICULTY

Cycle path with a good surface (fine gravel, asphalt or comparab-

le surface) which is family-friendly and suitable for ordinary

bikes, uphill and downhill gradients between 0% and 5%, on

Charging station

Service station/toolkit



← 17.4 km | ▲ 650 m | ▼ 645 m | ⊼ 2,022 m





←→ 27.5 km | ▲ 726 m | ▼ 716 m | ⊼ 1,880 m

←→ 29 km | ▲ 854 m | ▼ 915 m | ⊼ 1,437 m









#### short trails maximum 10%. Alternating uphill and downhill sections, no continuous uphills. Vehicle-free or little used by road vehicles. There are no particularly dangerous sections or, if so, they are indicated by special signposting. Requires sports cycling ability and especially knowing how to ide defensively. Mountain biking equipment is recommend Uphill and downhill sections between 5% and 12%, on short trails up to a maximum of 17%. The trail has blind bends. Bikers nust expect to encounter road vehicles taking up the full widt of the path. The composition of the path, including the quality of the surface, drainage facilities (e.g. channel drains), closure devices (e.g. barriers), the safety measures (e.g. missing railings and fences) and notices about dangerous sections are all intended for farm and forestry traffic using tractors and HGVs. Such installations could in themselves pose a danger to bikers. Bikers must at all times be prepared to come across trails closed for operational reasons (e.g. logging and transport), materials stored on or by the trail, equipment and stored machinery and sections which have become dangerous as a result of natural events. Steep slopes adjoining the trail are not made safe. Demanding MTB trail with numerous dangerous sections excee ding the maximum gradient of the red trails and with much more difficult features. MTB equipment is obligatory. Bikers must keep their wits about them at all times and think ahead.

# 7081 Högtrail ←→ 3.8 km | ▲ 0 m | ▼ 355 m | ⊼ 1,814 m **Zirbentrail** ←→ 9.1 km | ▲ 0 m | ▼ 790 m | Ā 2,590 m Zwölferkopf 7082 Scheidtrail ← 2.3 km | ▲ 0 m | ▼ 212 m | ⊼ 2,314 m

**SINGLE TRAILS** 

← 2.6 km | ▲ 0 m | ▼ 182 m | ⊼ 2,021 m

7110 Alpkopftrail

7115 Jochtrail  $\longleftrightarrow$  5.8 km |  $\blacktriangle$  28 m |  $\blacktriangledown$  508 m |  $\bar{\blacktriangle}$  2,431 m Fisser Joch

7077 Frommestrail ←→ 8.7 km | ▲ 19 m | ▼ 894 m | Ā 2,489 m Schönjoch

## SINGLE TRAIL GUIDELINE

If you're not sure in which order you should ride the trails and improve your skills, just use the following guideline.

#### VERY EASY | EASY

ALPKOPFTRAIL

**JOCHTRAIL** 

que required such as good balance and good braking skills, goo veight shifting to overcome obstacles, good ability of riding turns jump technique maybe required in parts of the trail, generally tra HÖGTRAIL ZIRBENTRAIL or intermediates! Already special mountainbike riding techniqu equired such as very good balance and very good braking skills, ve good weight shifting to overcome obstacles, very good ability of ridin **SCHEIDTRAIL** urns, jump technique required, lot's of trail experience required.

## C Land Tirol

SINGLE TRAIL LEVELS

**S0: VERY EASY** 

For beginners! Basic mountainbike riding technique required such as

**S1 – S2: EASY** 

**S2 – S3: MEDIUM** 

palance and braking skills, in general little or no trail experience.



BIKE MAP. 2023. BIKE TOURS. SINGLE TRAILS. WE ARE FAMILY.®

They are located on all major crossings

your location in case of emergencies.

000.001

BIKE-SFL.AT/EN



#### **IMPORTANT TIPS**

#### Before the bike tour:

Inform other people about your programme during the day. Check the weather conditions (thunderstorm danger)

#### The right equipment for bike tours:

- backpack or bike bag repair kit or tube
- bicycle pump, small tool
- first-aid kit helmet, windproof / rainproof clothing
- change of clothes
- food and drinks
- some money just in case
- > emergency numbers

#### **ONLINE GPS TOURS**

> check brakes, tyres, shifting system and light

as of numerous other routes online with our route planner or our interactive overview map. Simply scan the relevant QR code.

#### Interactive overview man







#### Mountain bike tours:

#### > Keep your speed under control and be ready to stop at all times, especially on blind bends. Be prepared for

Show consideration for pedestrians. Overtake at walking pace

unexpected obstacles (potholes, stones, branches, stockpiled tim-

ber, livestock, cattle grids, gates, tractors, forestry plant, authorized

- Check the degree of difficulty of the trail, and never exceed your
- level of ability and experience. Always wear a helmet and check your equipment before starting out (brakes, bell, lights).
- Respect all closures, and remember that the trail is primarily for agriculture and forestry. Be sure to close all gates. Respect all forms of natural life. Do not disturb large game. Do not

leave the signposted route. Never cycle where there is no official trail. Time your ride to be back before dusk. Leave no litter.

#### Single trails: Beware! No checks are made on the condition of the trail and

bikers using the trail do so at their own risk. Riders must be in control at all times and have a clear line of sight.

- > Keep to the trail and always show consideration for walkers, livestock and game. Always close the gates.
- > Be alert at all times to the hazards of the mountain environment. > Leave no trace. Don't cut switchbacks. Blocked rear wheels dama-
- > Child seat & trailer forbidden on the single trails.





**Opening times:** From 17 June to 22 October 2023, daily from 8.30am to 5.30pm.

Tel. +43/5476/53077-20

bikeschule@bikepark-sfl.at

The bike school is located directly at the Bikepark Serfaus-Fiss-Ladis. No matter if you are a beginner or advanced biker – there is something on offer for every level of ability. Trained mountainbike guides help to improve your riding technique step by step and show you everything

and downhill techniques. The courses are tailored to the individual needs of participants. That way, no matter your requirements, the courses are guaranteed to advance your skill level. But there's more to discover than trails and our bike park. We know the best tours in the area with the most beautiful viewpoints and huts to stop by for a cosy break. Each programme is individually tailored to the group.

We recommend to book a bike school course in advance, as we cannot guarantee availability during the week. Please note that all times indicated are the course start times. Before the start of the course, we ask you to arrive up to 30 minutes early (up to one hour during peak season). This is necessary for equipment fitting and ticket purchase. Due to availability, it is highly recommended booking the necessary equipment in advance.



#### All courses: guide only. Bike ticket not included. Minimum of 3 participants

#### Get 10% discount at our rental shop during course duration. See rental prices in the right column.

KIDS & YOUTI	Н				
Squirrels & Squirrels + *	3 - 5 years	1 hour	The focus is on having fun on the bike with the first braking and cornering exercises	22.00	20.00
Foxes & Foxes + *	6 - 7 years	1 hour	On the flat and in the pump track we train the basics to be able to master the first small trail.	33.00	30.00
Chamois & Chamois + *	8 - 11 years	3 hours	After the first exercises and training tracks, we will go on our first blue trail.	55.00	50.00
Chamois Camp (3 levels)	8 - 11 years	3 days 3 hours each	Biking technique training according to biking skills.	154.00	139.00
Youngster & Youngster + *	12 - 15 years	3 hours	After the first exercises and training routes, we go on our first blue trail.	55.00	50.00
Youngster Camp (3 levels)	12 - 15 years	3 days 3 hours each	Biking technique training according to biking skills.	154.00	139.00

\* There is the possibility to book a course with more advanced technique with OK of the guide: Squirrels + (required: Squirrels course) | Foxes + (required: Foxes course) | Chamois + | Youngster +.

#### **ADULTS**

ABOLIS					
Get MTB ready	from 16 years	5 hours	Beginner course, training area and single trails.	105.00	95.00
Get the flow	from 16 years	5 hours	Advanced course, single trails and bike park.	105.00	95.00
Women's Camp & Men's Camp	from 16 years	2.5 days	23.06 25.06.2023 or 08.09 10.09.2023	270.00	250.00

### **ADVANCED**

Jump & Drop	from 10 years	2 hours	We improve our drop and jump technique for more air time and height.	44.00	40.00
TOURS					
MTB Tour	from 16 years	5 hours	Tour, enjoyment, refreshment, trail ride.	88.00	80.00
Trail Day	from 16 years	5 hours	Trail tour with the aim to ride all of our trails.	88.00	80.00
Early Ride	from 16 years	4 hours	First ride for bikers, be the first on the Frommestrail, breakfast included.	60.00	55.00

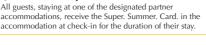
#### **PRIVATE COURSE**

	1 hour	75.00	70.00
Classes can be individually tailored, be it experiencing a bike tour	2 hours	145.00	130.00
or focusing on your riding technique. Everything is possible.	3 hours	210.00	190.00
Classes on request	4 hours	275.00	250.00
3 persons included, guide only, without bike ticket and gear.	5 hours	335.00	310.00
	each addtional person	25.00	20.00



# PRICES BIKE TICKETS

Prices with Super. Summer. Card.



#### **ALL MOUNTAIN BIKE TICKET**

	Ac	dult		uth 2004-2007	Ki age group	ds 2008-2
Ascent with bike	26.50	12.00	21.00	9.50	13.50	6.
4 hours (only bike park)	42.00	36.50	33.00	27.50	21.00	18.
Extension ticket (4h - 1 day)	12.00	11.00	10.00	9.00	7.00	6.
1/2 day (from 11.30am)	42.00	36.50	33.00	27.50	21.00	18.
1 day	49.00	43.50	39.00	33.50	25.00	22.
2 days	93.00	82.00	74.00	63.00	47.00	41.
3 out of 7 days (name)	128.00	111.50	101.00	84.50	64.00	55.
4 out of 7 days (name)	161.00	139.00	126.00	104.00	81.00	70.
5 out of 7 days (name)	191.00	163.50	151.00	123.50	96.00	82.
6 out of 7 days (name)	220.00	187.00	175.00	142.00	110.00	93.
Season pass (name+photo)	365.00	310.00	290.00	235.00	185.00	157.

he ticket is valid at the bike park and all trails! Unlimited trips including bike transport on the following cable cars: Sonnenbahn Ladis-Eiss, Schöniochbahn L& II. port on the following capie cars: sonnennant Ladis-riss, Schonjochbann I & II, Almbahn, Alpkopfbahn, Lazidbahn, Sunliner and Waldbahn. No bike transport possible on the Möseralmbahn. Usage of the parcours at the Waldbahn bottom station is free of charge.

Season pass for 28 European bike parks	S.		(ARII
Validity: 08.04 05.11.2023	Adult	Youth * 449.00	Kids
Please note the opening times!	599.00		299.0

# **BIKE SHOP & RENTAL**

The bike shop, located directly at the Waldbahn bottom station, offers everything related to gravity sports. Test and rental bikes by the exclusive bike park partner Propain are waiting to be taken down the trails by you. With the kids freeride bikes "Frechdax 20" and "Yuma 24" we offer bikes especially for the young talents. There are 20" 16" bikes and push bikes for the Kids Park. Alongside bikes, you will find everything you need for a great freeride day in the well-stocked shop - from protective clothing to break pads.

#### Get the right info:

In our bike shop, you'll find everything you need to know about the bike park. Info about routes, offers for camps and courses, and one or the other tip by expert bike park & freeride guides.

Daily from 8.30am to 5.30pm.

## Further info:

Tel. +43/5476/53077-20 info@bikepark-sfl.at

#### RENTAL PRICES 1

INCINITE I	CL	•					
	Bikes DH/ED			outh- debike	Kids MTB 16/20/24" <sup>2</sup>		
Bikes: Downhill/Endure	•						
1/2 day	83.00	78.00	45.00	43.00	20.00	20.00	
1 day	109.00	102.00	60.50	57.00	33.00	31.00	
2 days	204.00	192.00	112.00	105.50	60.00	55.00	
3 days	295.00	279.00	156.00	148.50	<sup>2</sup> only for		
4 days	370.00	350.00	195.00	187.00	Kids Park or pump track.		
5 days	420.00	398.00	226.00	213.50			
Dirt bikes <sup>3</sup>	29.00	½ day		25.00	½ day		
SFL push bikes (max. 2h	) 10.00	Depot					

Bike + protective gear					
½ day	101.00	94.00	63.00	59.00	
1 day	125.00	116.00	76.50	72.00	
2 days	230.00	218.00	136.00	130.50	
3 days	335.00	317.00	191.00	181.50	
4 days	421.00	399.50	242.00	229.00	
5 days	472.00	448.00	272.00	259.50	
Only protective gear	19.00	per day		18.00	ı
					-

10% discount at our rental shop during courses at the Serfaus-Fiss-Ladis Bike School. Insurance (optional): damages up to €500 are insured against a surcharge of 10% of the respective rental price.

12.00 per day

Kids MTB and push bikes are only to be used in the Kids Park and on the pump track

#### General information:

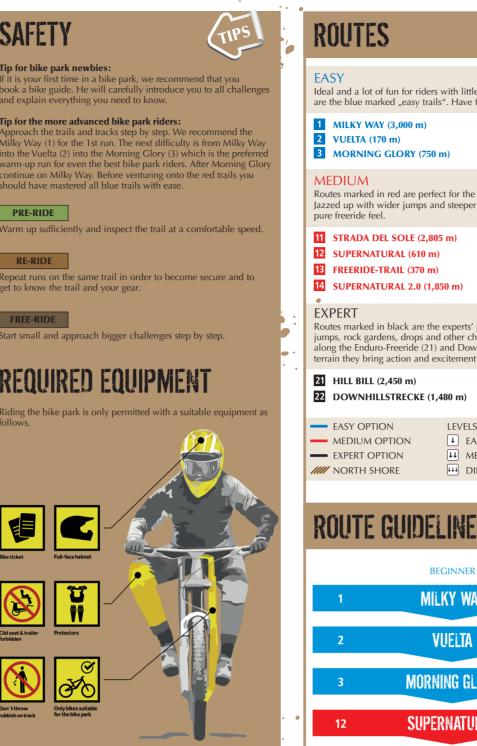
I prices in Euros and incl. VAT - prices subject to change! entry with KeyCard is contactless. Kids are only allowed to use the single rails when accompanied by an adult (over 18) who is obliged to super se the child and also check his/her equipment.

- 1	
1	Content/concept/design:
-	Serfaus-Fiss-Ladis Tourist Board
1	Gänsackerweg 2, 6534 Serfaus
1	info@serfaus-fiss-ladis.at
-	www.serfaus-fiss-ladis at

Bikepark Serfaus-Fiss-Ladis Fisser Straße 50, 6533 Fiss info@bikepark-sfl.at www.bike-sfl.at

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The information on these pages has been compiled with great care but is always subject to change. The publisher, however, shall not be held liable for such changes.



# **EMERGENCY SIGNS**

They are located on all major crossings and

ntain important information about your

cation in case of emergencies.

+43/5476/53077-25

explain everything you need to know.

to know the trail and your gear.

PRE-RIDE

	Bikes DH/ED		24" Youth- Freeridebike		Kids MTB 16/20/24" <sup>2</sup>			
Downhill/Enduro								
	83.00	78.00	45.00	43.00	20.00	20.00		
	109.00	102.00	60.50	57.00	33.00	31.00		
	204.00	192.00	112.00	105.50	60.00	55.00		
	295.00	279.00	156.00	148.50	<sup>2</sup> only for Kids Park or pump track.			
	370.00	350.00	195.00	187.00				
	420.00	398.00	226.00	213.50				





# Ideal and a lot of fun for riders with little experience in bike parks are the blue marked "easy trails". Have fun! Routes marked in red are perfect for the advanced bikers. Jazzed up with wider jumps and steeper berms, they promise a Routes marked in black are the experts' playground. Thick roots, jumps, rock gardens, drops and other challenges can be found long the Enduro-Freeride (21) and Downhill trail (22). In steep errain they bring action and excitement for experienced bikers. LEVELS OF OBSTACLES: **↓** EASY **₩** MEDIUM DIFFICULT

# **BEGINNER** MILKY WAY

2	VUELTA	
3	MORNING GLORY	10
12	SUPERNATURAL	48

STRADA DEL SOLE

SUPERNATURAL 2.0

DOWNHILL

HILL BILL EXPERT

# LOWER ZONE T TRAINING AREA everal obstacles with low difficulty level to warm up for forth-

000.001

oming downhill runs. This area is also suitable for different skillnd balance exercises. s SLOPESTYLE

imps and obstacles in varying degrees of difficulty are to be

## **B** LANDING BAG

The landing bag – ideal for all riders who want to practice their tricks n the air and don't want to take a high risk of injury. P PUMPTRACK

#### The pumptrack is all about being the fastest, making as many rounds

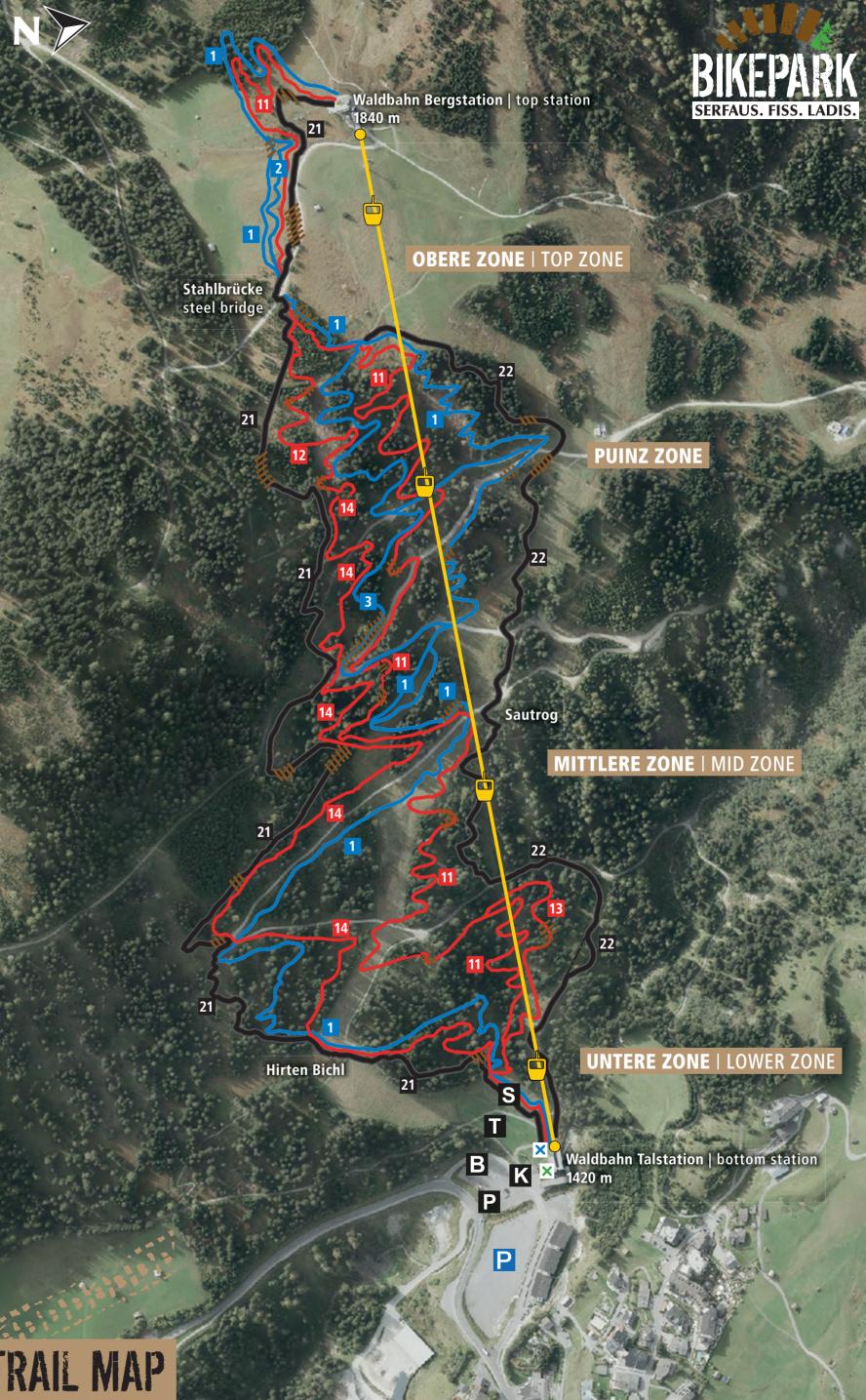
is possible without pedalling, and discovering creative combinations. he ideal track to playfully improve riding style and pumptrack skills. K KIDS PARK

While the "old ones" let off steam on the plentyful tracks around the Valdbahn, the Kids Park in the bottom station offers bike fun for the

#### **X** BIKEWASH

➤ CHILL AREA & REFRESHMENT

PARKING AREA



park-sfl.at.

pening times bike park ily from 9am to 5pm.

o@serfaus-fiss-ladis.at

rther info about bike park

fo@bikepark-sfl.at. rfaus-Fiss-Ladis Tourist Board: c +43/5476/6813,

elcome to the Bikepark Serfaus-Fiss-Ladis

ils for every type of gravity rider – no matter if newcomer, freeride downhiller. From gentle, banked cruisers through the forest, spee trails - the bike park offers everything you wish for! Recharge you tteries with fresh made delicacies in the chill area at the bottom

e of the bike park entails certain risks, even if these risks can nimized using common sense and by complying with some

arrant safety and fun for all users on the mountain, we ask you

respect the following rules:

Wearing a full-face helmet and knee protection is compulsory at the bike park. Further protective gear is recommended.

Only use fully serviced bikes, that are suitable for bike parks. Riding at the bike park is only permitted with a valid bike park ticket. Kids younger than 10 must be accompanied by an adult. Parental consent is required for kids aged between 10 and 16.

Driving off the tracks is strictly prohibited.

Riding or pushing uphill is strictly forbidden on all trails.

Before hitting the trails, access the risk and make a first ride to inspect the trails. Adjust your speed to your skills and characeristics of the tracks.

Maintaining proper conduct on the tracks is vital to ensure your safety and those of other riders.

Riding with child seats and trailers is not allowed on any trails.

Respect all track closures and follow the instructions of staff. Show consideration for other people and animals roaming

ding on the bike parks trails and zones is at your own risk. No bility is assumed for accidents or damages. As a biker you exete your sport at your own risk. You are aware that this sport is ociated with unusual risks and are therefore in the possession a private accident insurance and personal liability insurance for mages incurred to third parties. The operator is not liable for y damage, with the exception of personal injury, if the damage not based on the intentional or grossly negligent behaviour of e bike park operator, their legal representatives or their agents d the behaviour that caused the damage does not relate to the ke operator's main duties according to the concluded contract. his disclaimer does not apply to totally unforeseeable or atypical mage that the user could not reasonably expec



BIKEPARK-SFL.AT/EN